## **Plano Youth Soccer**

221 West Parker Rd., Suite 480 Plano, Texas 75023 972-422-7972 Fax 972-516-2216

## **Player/Coach - Sit-Out Verification**

In accordance with NTSSA and PYSA rules any person receiving a "SEND OFF" (Red Card), must sit out the next sanctioned match.

## The Referee must sign off that the person did not participate!

THIS FORM IS TO PROTECT THE PLAYER, COACH AND THE LEAGUE

Please print and fill out completely!

## **NAME** & # TEAM Girls AGE GROUP Boys DATE OF GAME OPPONENT COACH/MANAGER Phone REASON FOR THE SIT OUT THE ABOVE NAMED PERSON DID NOT PARTICIPATE IN THE ABOVE DATED GAME DATE REFEREE **SIGNATURE** DATE COACH/MANAGER

**SIGNATURE** 

This form must be completed and sent to PYSA if the person named is to receive credit for the **"sit-out"**. It must be received within 72 hours of the sit-out game. Failure to comply may result in a "supervised sit-out" plus additional sanctions.